

ALLERGENS	SUMMER 2026		X CONTAINS ALLERGENS							ASSESSED ON 06/03/2026						
Week 1 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Vegan Meatballs in a Tomato Sauce							X								
Side	Gluten Free Pasta															
Side	Petits Pois															
Jacket Potato	Jacket Potato															
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese															
Beans	Jacket Potato with Beans															
Tuna	Jacket Potato with Tuna or Salmon			X						X						
Dessert	Fresh Fruit Slices															
Week 1 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	GF/DF Chicken Curry															
Side	Rice 50/50															
Side	Sweetcorn															
Jacket Potato	Jacket Potato															
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese															
Beans	Jacket Potato with Beans															
Tuna	Jacket Potato with Tuna or Salmon			X						X						
Dessert	Fresh Fruit															
Week 1 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Gluten Free Crispy Chicken Wrap					MC				X						
Side	Mixed Salad Sticks															
Side	GF/DF Garlic Bread					MC		X			MC			MC		
Jacket Potato	Jacket Potato															
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese															
Beans	Jacket Potato with Beans															
Tuna	Jacket Potato with Tuna or Salmon			X						X						
Dessert	GF/DF Flapjack															
Week 1 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Roast Chicken															
Side	Roast Potatoes															
Side	Country Vegetables & Gravy															
Jacket Potato	Jacket Potato															
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese															
Beans	Jacket Potato with Beans															
Tuna	Jacket Potato with Tuna or Salmon			X						X						
Dessert	Mandarins															
Week 1 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	GF/DF Fish Fingers			X												
Side	Chips															
Side	Peas															
Jacket Potato	Jacket Potato															
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese															
Beans	Jacket Potato with Beans															
Tuna	Jacket Potato with Tuna or Salmon			X						X						
Dessert	GF/DF Jam & Coconut Muffin									X						