

North Petherton Primary School – PSHE Subject Overview

	Autumn 1 Me and my relationships	Autumn 2 Valuing Difference	Spring 1 Keeping Safe	Spring 2 Rights and Respect	Summer 1 Being my Best	Summer 2 Growing and changing
Year 1	All about me What makes me special Me and my special people Who can help? My feelings. My Feelings (2)	I'm special, you're special Same and different Same and different families Same and different houses Kind and caring Kind and caring (2)	What's safe to go onto my body Keeping myself safe Safe indoors and outdoors Listen to my feelings (1) Keeping safe online People who help to keep me safe.	Looking after special people Looking after my friends Being helpful at home and caring for our classroom Caring for the world Looking after money (1) Looking after money (2)	Bouncing back when things go wrong Yes, I can! Healthy eating (1) Healthy eating (2) Move your body A good night's sleep.	Seasons Life stages Getting bigger.
Year 2	Why we have classroom rules. How are you listening? Thinking about feelings. Our feelings. Feelings and bodies. Good friends.	Same or different? Unkind, tease or bully? Harolds school rules. It's not fair! Who are our special people? Our special people balloons.	Super sleep. Who can help? (1) Good or bad touches? Sharing pictures. What could Harold do? Harold loses Geoffrey.	Harold has a bad day. Around and about the school. Taking care of something. Harolds money. How should we look after our money? Basic first aid.	I can eat a rainbow. Eat well. Harolds was up and brush up. Catch it! Bin it! Kill it! Harold learns to ride a bike. Pass on the praise!	Healthy me. Then and now. Taking care of a baby. Who can help? (2) Surprises and secrets. Keeping privates private.
Year 3	Our ideal classroom (1) How are you feeling today? Let's all be happy Being a good friend. Types of bullying Don't do that!	What makes us who we are? My Special people How do we make others feel? When someone is feeling left out An act of kindness Solve the problem.	Harolds picnic. How safe should you feel? What should Harold say? I don't like that! Fun or not? Should I tell?	Getting on with others. When I feel like erupting Feeling safe. Playing games. Harold saves for something special. How can we look after our environment?	You can do it! My day. Harold's postcard Harolds bathroom. What does my body do? Basic first aid.	A helping hand. Sam movers house. Haven't you grown? My body, your body. Respecting privacy. Some secrets should never be kept.

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Year 4	<p>How can we solve this problem? Friends are special 'Thanks' Dan's Dare</p>	<p>Respect and challenge Family and friends My community Our friends and neighbours Let's celebrate our differences Zeb</p>	<p>Safe or unsafe? Danger or risk? The Risk Robot Super Searcher Help or Harm Alcohol and Cigarettes: the facts</p>	<p>Helping each other to stay safe Recount task Our helpful volunteers Can Harold afford it? Earning money Harold's environment project</p>	<p>Derek cooks dinner! Poorly Harold Body teamwork For or against? I am fantastic! Top talents</p>	<p>Relationship Tree Body space None of your business! Secret or Surprise Basic First Aid</p>
Year 5	<p>Human machines Ok or not ok? (1) Ok or not ok? (2) An email from Harold! Different feelings Under pressure</p>	<p>Can you sort it? What would I do? The people we share our world with That is such a stereotype! Friend or acquaintance? Islands</p>	<p>Danger, risk or hazard? How dare you! Keeping ourselves safe Raisin Challenge (2) Picture Wise Medicines: check the label</p>	<p>Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Why pay taxes?</p>	<p>What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community (1) Basic First Aid</p>	<p>Moving house My feelings are all over the place! All change! Preparing for changes at puberty Secret or Surprise? Together</p>
Year 6	<p>Collaboration Challenge! Give and Take How good a friend are you? Relationship cake recipe Our emotional needs Being assertive</p>	<p>Qualities of friendships Kind conversations Happy being me The land of the Red people Is it true? Stop, start stereotypes</p>	<p>Stop bullying Play, Like, Share Decision dilemmas Ella's diary dilemma Would you risk it?</p>	<p>What's the story? Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver!</p>	<p>It all adds up! Different skills My school community (2) Independence and responsibility Star qualities Basic first aid, including Sepsis Awareness</p>	<p>How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Changing bodies and feelings Help, I'm a teenager... get me out of here!</p>